



MISSION CREEK

Alliance Church

PSALM 121- A Psalm of light for the journey

1. **Looking Beyond the Hills:** The sermon notes that "lifting our eyes" is a conscious choice to look past our immediate problems to the Source of our help. What are the "hills" or challenges currently dominating your view, and how can you practically "lift your eyes" this week?
2. **The Creator vs. The Creation:** We often seek help from created things (money, relationships, technology) rather than the Creator. Why do you think it is so tempting to rely on "horizontal" help instead of the "Maker of heaven and earth"?
3. **A God Who Never Sleeps:** The text emphasizes that God "will not slumber" and is "your shade". How does the reality of God's constant, tireless vigilance change the way you handle anxiety or a restless night?
4. **Security in the Slip:** The sermon mentions that God "will not let your foot slip". Discuss a time when you felt like you were losing your footing. How did you experience God's stabilizing presence in that moment?
5. **Protection vs. Exemption:** Psalm 121 promises that God will "keep you from all harm," yet we still face pain and trials. How do you reconcile the promise of God's protection with the reality of suffering in a broken world?
6. **Coming and Going:** The blessing covers our "coming and going both now and forevermore". In what specific areas of your daily routine (work, home, travel) do you need to be more mindful of God's presence as your "Keeper"?
7. **Trusting the Song:** Psalm 121 was a "Song of Ascents" sung by pilgrims on a dangerous journey. If you were to write a "song" or a prayer for your current life journey based on these verses, what would be its main theme?